

## **Medical and Fitness Requirements Information for LMC Public Service Applicants**

All applicants for a Uniformed Public Service course at Lancaster and Morecambe College should be aware that the majority of Uniformed Public Services have a list of criteria including medical and fitness conditions that could prevent you from joining their service.

The Uniformed Public Services also require a good level of fitness and may have a fitness test that has to be passed as part of their selection process.

All Uniformed Public Service applicants at LMC are strongly advised to check with the respective Public Service organisation that you want to join to check/ensure that you do not have any **medical conditions** that could prevent you from joining that organisation.

LMC also recommend that all applicants check the **fitness requirements** for the public service you wish to join to ensure you have a realistic chance of meeting their fitness levels/requirements for entry.

The Public Service curriculum at LMC offers opportunities for students to access residentials and day visits to a range of Uniformed Services such as the Army 'Look at Life course' & Army Reserves 'Lions Challenge'.

As part of these residentials, LMC's Public Service department must comply with the Health & Safety requirements and fitness/medical conditions for each learner to access these educational visits. The department must provide a nominal roll call of all learners' and their declared medical conditions who wish to participate in these educational visits. The public service organisation then **applies their own criteria (medical & fitness)** to decide whether each and every learner is able to participate in the educational activity.

Parents and learners should be aware that the medical/fitness conditions for learners' entry to these visits **may vary and change annually** for different public service organisations. These medical/fitness conditions **may prevent students' from participating** in these visits. LMC Public Service staff/department has to abide by the decisions made by the visit providers.

LMC will try/endeavour to find alternative Employability Skills activities or Work Placements for any learners who are unable to participate in residential/day visits due to decisions made by the visit providers.

The range of web links below could support learners' & parents to gain some information and identify some medical and fitness requirements for entry to different Public Service organisations.

Parents and learners should conduct their own research and contact relevant public service organisations to ensure they are aware of any medical conditions or fitness requirements that may restrict or prevent entry to their employment.

<https://apply.army.mod.uk/how-to-join/can-i-join/fitness>

<https://www.raf.mod.uk/recruitment/how-to-apply/eligibility-check/>

<https://www.royalnavy.mod.uk/careers/joining/get-ready-to-join/royal-navy-rating/am-i-eligible>

<https://www.royalnavy.mod.uk/careers/joining/get-ready-to-join/royal-marines-commando/how-can-i-prepare>

<https://www.lancashire.police.uk/join-us/police-officer-roles/police-officer/fitness-test/>

<https://www.cumbria.police.uk/Recruiting/Special-Constables/Medical-Screening.aspx>

<https://www.fireservice.co.uk/recruitment/physical/>

<https://www.fireservice.co.uk/recruitment/medical/>

<https://www.healthcareers.nhs.uk/explore-roles/ambulance-service-team/roles-ambulance-service/paramedic/entry-requirements-and-training-paramedic>