





# **Aspiring Leaders Sessions**

Due to popular demand we have been asked to deliver a number of our Aspiring leaders sessions as stand alone courses. Expertly delivered by Keith Robertson these sessions will prepare you to demonstrate key leadership characteristics, whether you're a manager in an official capacity or an aspiring leader who seeks greater responsibility, these individual sessions will help you develop and achieve personal and professional objectives.

### **Communication and Influence**

To truly motivate others to accomplish great things, you'll need to be able to share your ideas persuasively and ensure your messages are received as intended.

Effective communication is at the root of the ability of a leader to engage, align, inspire, and move people

to act.

#### **Growth Mindset**

Leaders who believe their talents can be developed – through learning, practice, and hard work – have a growth mindset. Those with a growth mindset continuously learn throughout their careers to stay current with the best practices and trends in their industry. They adapt to the changing dynamics of the contemporary workplace, identify opportunities for personal growth, and, most importantly, apply their new knowledge and skills to support the development of their team.

# Application of Leadership & Management Theories

In this session we will take a whistle stop tour of past and current theories to help you to navigate the complex landscape of leadership and management. The sessions will support you to build your knowledge and understanding and offer you an opportunity to learn more about the key theories used in business. The sessions will aim to enhance your confidence and understanding of the characteristics and behaviours you can adopt when applying theory to practice.

# **Time Management**

Do you spend your working day being busy from the minute you arrive at work until the time you leave but achieve very little? You will learn an array of tools and techniques to help you work smarter not harder and control events rather than be controlled by them.

### For further information

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