

Health & Safety Introductory Training

Duration: 6 hours

This introductory training course is ideal for new employers or as a refresher for those looking to update their knowledge.

By the end of this session, attendees will:

- Understand core UK health and safety legislation and workplace responsibilities
- Identify hazards and assess associated risks
- Perform a basic risk assessment confidently
- Understand COSHH and apply controls for hazardous substances
- Contribute to a safer workplace

The training includes interactive group discussions and practical exercises to reinforce learning, followed by a final assessment.

**To book your place, please email UKSPF@lmc.ac.uk
or call 01524 521292**

***Bespoke sessions also available -
get in touch to discuss your requirements!***



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