EMPLOYER HUB @LMC

Lancaster & Morecambe College
Celebrating 200 Years of Learning

Emergency First Aid at Work

Qualsafe Level 3

1 December 2026 • 17 February 2027
13 May 2027 • 4 August 2027 • 18 November 2027

1 day course, 9.30am-4pm • £125

Employer Hub, Lancaster & Morecambe College

This short intensive one-day course covers all topics necessary to meet the Health and Safety Executive's requirements for Emergency First Aid at Work which complies with the Health and Safety (first Aid) Regulations 1981, including:

- The roles and responsibilities of an emergency first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and defibrillation
- Recovery Position
- Choking
- Seizures
- Shock
- Wounds and bleeding
- Minor injuries
- Cuts, grazes and bruises
- Minor burns and scalds

For further information or to book a place contact:
employerhub@lmc.ac.uk or **01524 521292**



Ofsted Good Provider

Sustainability @ LMC