EMPLOYER HUB @LMC

First Aid for Mental Health

FAA Level 2 (RQF)

Enquire for dates • Lancaster & Morecambe College

1 day course • 9am to 4.30pm • £185

Training Provider • Jim Printy - Perpetual Safety

This course provides you with the knowledge to identify suspected mental health conditions as well as covering the effects of drugs and alcohol and the First Aid for Mental Health Action Plan.

What's covered

- What is First Aid for Mental Health?
- Identifying mental health conditions
- Providing advice and starting a conversation
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace

For further information contact

employerhub@lmc.ac.uk • 01524 521292



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Lancaster & Morecambe College

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